

Point Solutions Management

Build a Healthier Bottom Line:

Maximize benefits,
Minimize spend



We're helping to enhance your core health benefits program with curated health and wellness solutions focused on specific conditions including weight management, mental well-being, musculoskeletal health and infertility.

We've made it effortless to select the solutions that best fit your members' needs, enabling them to manage and improve their overall health while building a healthier bottom line for you.

- ✓ **Ease of contracting**
- ✓ **Lowest price**
- ✓ **Rigorous vendor vetting**
- ✓ **Real-time eligibility verification**



Point Solutions Management is a simple way to offer carefully evaluated digital health and wellness solutions to members.

Curated health and wellness solutions to support your goals

Payors are often confronted with the challenge of navigating the digital solutions landscape. Concerns ranging from privacy and security to clinical efficacy and costs are top of mind.

Our Point Solutions Management makes it easy for payors to choose these carefully selected solutions that meet their goals of maximizing benefits while minimizing spend. Our fully vetted vendors are obligated under their contract to offer the most competitive pricing for clients. We have also made significant investments to ensure a truly seamless administrative experience for our clients. During onboarding, vendors connect directly to the CVS Caremark system for automated and accurate real-time eligibility verification.



CVS Health Point Solutions Management offers clients:



Ease of contracting

- Full contract negotiations, including agreement to terms that are critical for our clients — across security, indemnification, data sharing, privacy protections, etc.



Lowest price

- Vendors are obligated under their contract to offer the most competitive pricing for clients
- Billing integrated with pharmacy benefit management (PBM) invoice



Rigorous vendor vetting

- Comprehensive clinical, security and business review, including end-to-end plan member experience



Real-time member eligibility verification

- Clients pay only for utilization that aligns with their health and wellness benefits strategy
- Client can focus usage based on clinical or demographic criteria
- Eligibility is checked in real-time where available. So, when a member enrolls in a program, a fast and streamlined process ensures clients only pay for actual utilization



With our robust, in-depth review and evaluation process, Point Solutions Management offers payors a simple, efficient way to add carefully evaluated digital health and wellness point solutions to the traditional benefits they offer their members.

Ask your CVS Health account team about how you and your members can benefit from Point Solutions Management >

CVS Health Point Solutions Management offers clients access to:

CHRONIC CONDITION MANAGEMENT



Hypertension

Hypertension management through tracking of blood pressure, sugar intake and weight.



Musculoskeletal health

Digital program with integrated coaching and education to reduce pain, opioid use and surgeries for preventative, acute, chronic and surgical musculoskeletal conditions.

LIFESTYLE AND WEIGHT MANAGEMENT



Weight management

Digital weight loss and wellness program based on nutritional and behavioral science for weight management through coaching, community, customized food plans and tools to log food, activity and sleep.



Weight management and mental wellness

Digital behavior change program designed to improve physical and emotional health to prevent and reduce the impact of weight-related chronic conditions.

MENTAL HEALTH AND STRESS MANAGEMENT



Anxiety and stress management

Personalized digital program based on cognitive behavioral therapy for reducing worry and anxiety.



Caregiver support

Real-time caregiver decision-support services with guidance, tools and step-by-step action plans.



Sleep improvement

Personalized digital sleep improvement program using cognitive behavioral techniques.



Stress resilience and mental well-being

Evidence-based behavioral health and clinical support platform for working parents, caregivers, and their families.

FERTILITY AND FAMILY BUILDING



Fertility management

Fertility benefit that offers innovative smart cycle plan design, personalized member support, integrated pharmacy experience and managed network of fertility specialists.

SURGICAL SPEND MANAGEMENT



Surgical spend management

Value-based Center of Excellence platform that helps reduce plan sponsor's surgical spend by over 45 percent through delivering quality care at upfront bundled prices.

COPAY OPTIMIZATION



Next-generation copay plan design

Innovative specialty cost management strategy and best-in-class member experience to optimize savings from manufacturer copay cards and reduce plan and member costs.